

#LookToLibraries

COVID-19 SUPPORT

Look to a children's library professional for...

books for older children

Allen, Vanessa Green. *Me and My Feelings: A Kids' Guide to Understanding and Expressing Themselves*. Rockridge, 2019. 9781641524964

Gardy, Jennifer. *It's Catching: The Infectious World of Germs and Microbes*. Illus. by Josh Holinaty. Owlkids, 2014. 9781771470537

Grossman, Laurie M., Angelina Alvarez & Mr. Musumeci's 5th Grade Class. *Master of Mindfulness: How to be Your Own Superhero in Times of Stress*. Instant Help, 2016. 9781626254640

Huebner, Dawn. *Outsmarting Worry: An Older Kid's Guide to Managing Anxiety*. Illus. by Kara McHale. Jessica Kingsley, 2017. 9781785927829

Kinder, Wynne. *Calm: Mindfulness for Kids*. DK Publishing, 2019. 9781465470904

Koch, Falynn. *Science Comics: Plagues: The Microscopic Battlefield*. First Second, 2017. 9781626727526

Marrin, Albert. *Very, Very, Very Dreadful: The Influenza Pandemic of 1918*. Knopf, 2018. 9781101931462

Stewart, Whitney. *Meditation is an Open Sky: Mindfulness for Kids*. Illus. by Sally Rippin. INDBP, 2015. 9780807549087

Woolf, Alex. *You Wouldn't Want to Live Without Soap!* Illus. by Mark Bergin. Franklin Watts, 2015. 9780531220511

Resources on this list were compiled by members of ALSC's Quicklists Consulting Committee. ALSC booklists are created as a resource for children's librarians to share with patrons. Parents and caregivers are encouraged to explore these titles to find resources that may match or spark their child's interest.

