

LGBTQI Health Resource Guide

Table of Contents

Introduction	1
Section I: Finding Information about LGBTQI Health Issues	2
Section II: Locating LGBTQI-Competent Healthcare Professionals	7
Section III: Searching for Clinical and Scholarly Articles	9

Introduction

Medicine has historically been a field that defines and pathologizes LGBTQ and intersex people. From DSM codes labeling trans identities “disorders” to surgeons routinely reconstructing the genitals of intersex babies, those outside the medical establishment’s norm (cisgender, heterosexual, and unambiguously male or female) have been variously victimized, underserved, and stereotyped. Fortunately, many medical and psychological associations have had a profound shift in their perspectives and treatment protocols for LGBTQ and intersex patients. This resource guide is intended to assist patients, clinicians, and researchers in finding information about LGBTQI-specific health issues, healthcare, associations, and providers.

In the first section, current texts focusing on LGBTQI health issues are provided, with brief annotations. These materials are intended for LGBTQI patients as well as clinicians working with LGBTQI patients. Section II includes professional and medical associations relevant to LGBTQI health and a list of websites to help patients locate healthcare professionals. Finally, Section III contains search tips and a list of databases and journals in which to find the most up-to-date clinical and scholarly research.

This resource guide was created by Charlie McNabb and approved by the Resources Committee of the GLBT Roundtable in March 2016. Please contact the GLBT Roundtable to report broken links or to suggest new resources.

Note: Information on this guide should not be substituted for healthcare advice.

Section I: Finding Information about LGBTQI Health Issues

Boehmer, Ulrike, and Ronit Elk. 2015. *Cancer and the LGBT Community: Unique Perspectives from Risk to Survivorship*. New York: Springer.

<http://www.worldcat.org/oclc/898531809>

This book addresses the inadequacy of care of cancer patients among the LGBT community and discusses the challenges that need to be addressed. The audience includes practitioners addressing needs of this community, including common concerns and treating and screening suggestions. The book is also aimed at policy makers and advocates [Publisher synopsis].

Brill, Stephanie A. 2006. *The New Essential Guide to Lesbian Conception, Pregnancy, & Birth*. New York: Alyson Books. <http://www.worldcat.org/oclc/65203672>

In this accessible and well-organized guide, lesbian mothers are given advice and information about self-insemination, fertility treatments, pregnancy, miscarriage, and labor. Includes details on optimizing health for fertility before conception.

Brushwood Rose, Chloë, and Susan Goldberg. 2009. *And Baby Makes More: Known Donors, Queer Parents, and our Unexpected Families*. London, Ont: Insomniac Press.

<http://www.worldcat.org/oclc/435873052>

A quirky, funny, and occasionally heartbreaking collection of personal essays, this book offers an intimate look at the relative risks and unexpected rewards of queer, do-it-yourself baby-making, and the ways in which families are re-made in the process. The contributors -- donors, biological and non-bio parents, and their children -- offer provocative, nuanced insights into what it means to be or to use a known donor, and how queer families are being re-conceived to include new roles, new rules, and kinship ties that transcend biology. [From synopsis].

Center of Excellence for Transgender Health. April 2011. *Primary Care Protocol for Transgender Patient Care*. San Francisco: University of California, San Francisco, Department of Family and Community Medicine.

<http://transhealth.ucsf.edu/protocols>

This protocol is intended to provide accurate, peer-reviewed medical guidance for transgender health care. It also contains references to additional materials that may be accessed for further study and shared with other provider colleagues and support staff to improve treatment capabilities as well as access to care for transgender patients [From publisher's website].

Collins, Joshua C., Tonette S. Rocco, and Lawrence O. Bryant. 2014. *Health and Wellness Concerns for Racial, Ethnic, and Sexual Minorities*. San Francisco: Jossey-Bass. <http://www.worldcat.org/oclc/869770288>

Minority status in the United States often accompanies diminished access to education, employment, and subsequently health care. This volume explores factors that have contributed to health disparities among racial, ethnic, and sexual minorities [Publisher synopsis].

Davis, Georgiann. 2015. *Contesting Intersex: The Dubious Diagnosis*. New York: New York University Press. <http://www.worldcat.org/oclc/905600230>

In *Contesting Intersex*, Davis draws on interviews with intersex people, their parents, and medical experts to explore the oft-questioned views on intersex in medical and activist communities, as well as the evolution of thought in regards to intersex visibility and transparency [From publisher synopsis].

De Vries, B., and Catherine F. Croghan. 2015. *Community-Based Research on LGBT Aging*. London: Routledge, Taylor & Francis Group. <http://www.worldcat.org/oclc/908143923>

The study of LGBT aging is in its infancy. In the absence of federal data on this often hidden population, community groups and organizations from across the country have taken it upon themselves to understand and assess the needs of this first cohort to reach later life in a time of LGBT public consciousness [Publisher synopsis].

Dibble, Suzanne L., and Patricia Anne Robertson. 2010. *Lesbian Health 101: A Clinician's Guide*. San Francisco: UCSF Nursing Press. <http://www.worldcat.org/oclc/541833103>

In this edited text, lesbian health is explored through the lifespan. Topics include adolescence, sexual health, smoking, alcohol and drug abuse, mental illness, intimate partner violence, specific diseases and issues, and elder care.

Drescher, Jack, Ann D'Ercole, and Erica Schoenberg. 2014. *Psychotherapy with Gay Men and Lesbians: Contemporary Dynamic Approaches*. Hoboken: Taylor and Francis. <http://www.worldcat.org/oclc/871224615>

Presents case histories of psychotherapy sessions with gay and lesbian patients with a wide range of clinical and theoretical approaches.

Feder, Ellen K. 2014. *Making Sense of Intersex: Changing Ethical Perspectives in Biomedicine*. Bloomington: Indiana University Press. <http://www.worldcat.org/oclc/851034972>

Putting the ethical tools of philosophy to work, Ellen K. Feder seeks to clarify how we should understand "the problem" of intersex. Adults often report that medical

interventions they underwent as children to "correct" atypical sex anatomies caused them physical and psychological harm. Proposing a philosophical framework for the treatment of children with intersex conditions—one that acknowledges the intertwined identities of parents, children, and their doctors—Feder presents a persuasive moral argument for collective responsibility to these children and their families [Publisher synopsis].

Fish, Julie, and Kate Karban. 2015. *Lesbian, Gay, Bisexual and Trans Health Inequalities: International Perspectives in Social Work*. Bristol, UK: Policy Press.
<http://www.worldcat.org/oclc/891615478>

This book examines inequalities experienced by LGBT people and considers the role of social work in addressing them. The book is organised in three parts: the first provides a policy context in four countries, the second examines social work practice in tackling health inequalities, and part three considers research and pedagogic developments. The book's distinctive approach includes international contributions, practice vignettes and key theoretical perspectives in health inequalities, including social determinants of health, minority stress, ecological approaches and human rights [From publisher synopsis].

Harvey, Vickie L., and Teresa Heinz Housel. 2014. *Health Care Disparities and the LGBT Population*. Lanham: Lexington Books. <http://www.worldcat.org/oclc/864504254>

This edited book explores LGBTQ health issues through a public policy framework. Topics include sexual health, health insurance coverage, microaggressions in health care systems, intimate partner violence, LGBTQ-stigma-related stress, coming out to providers, and political activism. Intended for researchers, policy-makers, health care providers, and LGBTQ health care consumers.

Kocet, Michael M. 2014. *Counseling Gay Men, Adolescents, and Boys: A Strengths-Based Guide for Helping Professionals and Educators*. New York: Routledge.
<http://www.worldcat.org/oclc/865179917>

Provides practitioners and educators with critical information needed to help navigate the therapeutic and educational terrain of working with gay males. While other books address a broad range of issues when working with LGBTQ individuals, this volume devotes its focus to the specific needs of gay boys, adolescents, and men. This book also presents an important perspective about individuals who identify as bisexual and transgender, and examines the intersection between gender and sexual orientation [Publisher synopsis].

Makadon, Harvey J., Kenneth H. Mayer, Jennifer Potter, and Hilary Goldhammer. 2015. *The Fenway Guide to Lesbian, Gay, Bisexual, and Transgender Health*. Philadelphia: American College of Physicians. <http://www.worldcat.org/oclc/881910380>

An essential reference for health providers. LGBTQ health experts in collaboration with the Fenway Institute present research, case studies, policy and legal issues, clinical approaches, and suggestions for creating an inclusive and welcoming environment.

Mamo, Laura. 2007. *Queering Reproduction: Achieving Pregnancy in the Age of Technoscience*. Durham, NC: Duke University Press. <http://www.worldcat.org/oclc/760874830>

Presents a sociological analysis of lesbians' use of medical fertility treatments. This book describes how reproduction is an intensely medicalized process for lesbians, transforming them into patients more often due to their sexual identities than because of their physical conditions [From publisher synopsis].

Richards, Christina, and Meg John Barker. 2015. *The Palgrave Handbook of the Psychology of Sexuality and Gender*. New York: Palgrave Macmillan. <http://www.worldcat.org/oclc/894469833>

Contributions from scholars and practitioners provide a thorough overview of sexuality, gender, relationship forms, psychological areas, and intersections.

Schneider, Jason S., and Vincent M. B. Silenzio. 2014. *The Gay and Lesbian Medical Association Handbook on LGBT Health*. Santa Barbara: Praeger. <http://www.worldcat.org/oclc/870978263>

This comprehensive review is the first handbook on LGBT physical and mental health created by the world's oldest and largest association of lesbian, gay, bisexual, and transgender health care professionals [Publisher synopsis].

Witten, Tarynn, and A. Evan Eyler. 2012. *Gay, Lesbian, Bisexual, & Transgender Aging: Challenges in Research, Practice, and Policy*. Baltimore: Johns Hopkins University Press. <http://www.worldcat.org/oclc/706784239>

Integrating research, practice, and policy, this text is for students and professionals in gerontology, medicine, social work, psychology, nursing, public health, and related fields who wish to learn more about the life experiences and concerns of sexual- and gender-minority-identified older patients [Publisher synopsis].

World Professional Association for Transgender Health. 2012. *Standards of Care for the Health of Transsexual, Transgender, and Gender-Nonconforming People*. Minneapolis: WPATH. <http://www.worldcat.org/oclc/869820949>

The World Professional Association for Transgender Health promotes the highest standards of health care for individuals through the articulation of *Standards of Care (SOC) for the Health of Transsexual, Transgender, and Gender Nonconforming People*.

The SOC are based on the best available science and expert professional consensus. The overall goal of the SOC is to provide clinical guidance for health professionals to assist transgender and gender-nonconforming people with safe and effective pathways to achieving lasting personal comfort with their gendered selves, in order to maximize their overall health, psychological well-being, and self-fulfillment [From publisher's website].

Zeeman, Laetitia, Kay Aranda, and Alec Grant. 2014. *Queering Health: Critical Challenges to Normative Health and Healthcare*. Ross-on-Wye, UK: PCCS Books.
<http://www.worldcat.org/oclc/881088097>

In this edited text, contributors use queer theory to challenge normative assumptions in health and healthcare.

Section II: Locating LGBTQI-Competent Healthcare Professionals

Professional and Medical Associations

Accord Alliance: <http://www.accordalliance.org/>

Accord Alliance promotes comprehensive and integrated approaches to care that enhance the health and well-being of people and families affected by disorders of sex development (DSD).

American Academy of Pediatrics (AAP) Section on LGBT Health and Wellness:

<https://www.aap.org/en-us/about-the-aap/Committees-Councils-Sections/solgbt/Pages/home.aspx>

A group of pediatricians and other health providers interested in LGBT health and wellness.

American College Health Association (ACHA) LGBTQ+ Health Coalition:

http://www.acha.org/ACHA/Networks/Committees/LGBTQ_Health.aspx

The LGBTQ+ Health Coalition is centered on the health and professional issues of lesbian, gay, bisexual, transgender persons, and allies.

American Medical Association (AMA) LGBT Advisory Committee: <http://www.ama-assn.org/ama/pub/about-ama/our-people/member-groups-sections/glb-advocacy-committee.page?>

Provides a forum within the AMA to address the needs of LGBT physicians, medical students, and patients.

American Medical Student Association (AMSA) Gender and Sexuality Action Committee:

<http://www.amsa.org/advocacy/action-committees/gender-sexuality/>

The Gender and Sexuality committee is dedicated to assuring equal access to medical care and equality within medical education.

Association of LGBTQ Psychiatrists (AGLP): <http://www.aglp.org/>

A community of psychiatrists that educates and advocates on Lesbian Gay Bisexual and Transgender mental health issues.

GLMA, Health Professionals Advancing LGBT Equality: <http://www.glma.org/>

GLMA's mission is to ensure equality in healthcare for lesbian, gay, bisexual and transgender (LGBT) individuals and healthcare providers.

LGBTQIA Healthcare Guild: <http://healthcareguild.com/>

The Healthcare Guild is a grassroots organization of medical and mental healthcare professionals dedicated to improving healthcare services for gender and sexual minorities.

National Coalition for LGBT Health: <http://www.healthhiv.org/sites-causes/national-coalition-for-lgbt-health/>

The Coalition is committed to improving the health and well-being of lesbian, gay, bisexual, and transgender individuals through federal and local advocacy, education, and research.

World Professional Association for Transgender Health (WPATH):

http://www.wpath.org/site_home.cfm

A non-profit, interdisciplinary professional and educational organization devoted to transgender health.

Locating LGBTQI-Competent Providers

GLMA Provider Directory:

https://glmaimpak.networkats.com/members_online_new/members/dir_provider.asp

Look up LGBTQ providers and providers who are LGBTQ-competent.

Judgment Free Health Care Providers (JFHCP): <http://jfhcp.org/>

Look up providers who are competent with LGBTQ issues, as well as providers conversant with polyamory, kink, and other alternate sexualities.

RAD Remedy: <http://radremedy.org/>

Look up providers that are competent with trans, nonbinary, and gender nonconforming patients.

Sagenet: <http://sageusa.org/advocacy/sagenet.cfm>

Look up programs and services for LGBTQ elders in 21 states.

WPATH Provider Directory:

http://www.wpath.org/site_page.cfm?pk_association_webpage_menu=1414&pk_association_webpage=4120

Look up providers who are current WPATH members.

Section III: Searching for Clinical and Scholarly Articles

Recommended Databases

GenderWatch
Global Health and Global Health Archive
PsycINFO
PubMed
MedlinePlus
Web of Science

Recommended Journals

LGBT Health: <http://www.liebertpub.com/overview/lgbt-health/618/>

Peer-reviewed journal dedicated to promoting optimal healthcare for millions of sexual and gender minority persons worldwide.

Journal of Gay & Lesbian Mental Health: <http://www.aglp.org/pages/AGLP-JGLMH.php>

Peer-reviewed journal publishing current clinical and research scholarship on LGBT mental health with a focus on clinical issues.

Psychology of Sexual Orientation and Gender Diversity:

<http://www.apa.org/pubs/journals/sgd/>

Peer-reviewed journal dedicated to the dissemination of information in the field of sexual orientation and gender diversity.

Transgender Health: <http://www.liebertpub.com/overview/transgender-health/634/>

Peer-reviewed, open access journal dedicated to addressing the healthcare needs of transgender individuals throughout the lifespan.

Recommended Subject Headings

Bisexuals—Health and hygiene
Bisexuals—Medical care
Disorders of sex development
Gay men—Mental health
Gays—Medical care
Health services for transgender persons
Intersex people
Intersexuality—Treatment
Lesbian mothers
Lesbians—Medical care
Lesbians—Mental health
Older gay men—Health and hygiene
Older gays—Care
Older lesbians—Health and hygiene

Older sexual minorities—Care
Older transsexuals—Health and hygiene
Sexual minorities—Diseases
Sexual minorities—Health and hygiene
Sexual minorities—Medical care
Sexual minorities—Mental health
Transgender people—Medical care