*The ALSC Quicklists Consulting Committee developed a book list for Save the Children to be included in their Family Kit intended to assist communities in preparing families for natural disasters and helping children cope after a natural disaster has affected them.*

**Get Ready Get Safe Booklist**

**Building Emotional Resilience - Learning to Overcome Fears**

***Alfie Is Not Afraid***by Patricia Carlin

With the help of his trusty dog, a little boy survives his first camp out.

Grades PreK-1

***The Dark*** by Lemony Snicket, illustrated by Jon Klassen

Dark becomes a character and teaches a young boy how to stop being afraid.

Grades K-1

***First Snow*** by Peter McCarty

Pedro isn't sure he likes the cold and snow, but his family and friends encourage him.

Grades PreK-1

***I'm Not Scared Book*** by Todd Parr

Bright, bold illustrations and simple text show children conquering a wide variety of fears.

Grades PreK-1

***Scaredy Squirrel*** by Melanie Watt.

Scaredy Squirrel does not want to leave his tree for fear of killer bees, germs, and other disasters, but takes the leap and learns he can glide.

Grades K-3

***Stormy Night*** by Salina Yoon

Bear finds several ways to ease his fear when a storm wakes him up at night.

Grades PreK-K

***The Big Bad Blackout***by Megan McDonald

When a hurricane knocks out the power, Judy, Stink, and their family find a way to pass the time.

Grades 2-4

***Two Bobbies: A True Story of Hurricane Katrina, Friendship, and Survival*** by Kirby Larson

This amazing, true story recounts how best friends Bob Cat and Bobbi, a cat and a dog, survive Hurricane Katrina by sticking together.

Grades K-3

***What To Do When You're Scared and Worried*** by James J. Crist

Kids have worries just like grown-ups.  This book helps explain where worries and anxiety come from and gives kids tips to handle their worries.

Grades 3-5

***Who Feels Scared?***by Sue Graves

Jack, Ravi, and Kevin talk about scary things and how to deal with them during their sleepover in this story that includes a special section for adults on how to talk to children about dealing with fears. (From the Our Emotions and Behaviors series.)

Grades K-3

**Understanding How to Prepare for Emergencies**

***Back-to-School Safety*** by Lisa M. Herrington

A simple book to help kids start learning and building their basic safety awareness in a variety of situations.

Grades K-2

***Be Careful and Stay Safe*** by Cheri J. Meiners

This book helps kids stay safe in everyday situations and prepare for emergencies too.  Also included are discussion questions, activities, and games for practice. (From the Learning to Get Along series.)

Grades K-3

***Blizzard*** by Joyce Markovics

Learn how to stay safe from winter’s icy blast. (From the It’s A Disaster series)

Grade: K-3

***Fireboy to the Rescue: a Fire Safety Book*** by Edward Miller

Superhero Fireboy explains what to do in case of a house fire.

Grades 2-4

***How Do Dinosaurs Stay Safe?*** by Jane Yolen

Dinosaurs demonstrate what and what not to do to avoid getting harmed.

Grades PreK-K

***No Dragons for Tea*** by Jean Pendziwol

When a tea date with a dragon is interrupted by fire, a safety-conscious girl shows what to do to extinguish the flame.

Grades PreK-2

***Ready, Set...Wait! What Animals Do Before a Hurricane*** by Patti R. Zelch, illustrated by Connie McLennan

A look at how people as well as animals prepare for a hurricane.

Grades K-3

***Terrorists, Tornados, and Tsunamis: How to Prepare for Life's Danger Zones*** by John Christian Orndorff

A list of tools and advice for prepping for and surviving a variety of disasters.

Grades 3-5

***Watch Out! Around Town*** by Claire Llewellyn

Kids are given advice on how to stay safe out of the home and around town. (From the Watch Out! series)

Grades PreK-2

***What If You Need to Call 911?*** by Anara Guard, illustrated by Mike Laughead

Short stories help readers learn when and how to call 911.

Grades PreK-2

**Learning About Monitoring the Weather and Specific Types of Disasters, Including How to Respond**

***Earthquakes!*** by Renee Gray-Wilburn

A graphic novel approach to earthquakes and safety.

Grades 2-3

***Extreme Weather: Surviving Tornadoes, Sandstorms, Hailstorms, Blizzards, Hurricanes, and More!***by Thomas M. Kostigen

Includes tips on what to do before, during, and after extreme weather.

Grades 3-5

***Flood*** by Alvaro F. Villa

A wordless picture book showing the preparations for - and recovery from - a major flood.

Grades K-3

***Hurricane & Tornado*** written by Jack Challoner

Describes dangerous and destructive weather conditions around the world.

Grades 3-5

***Kenta and the Big Wave*** by Ruth Ohi

Kenta and his family must evacuate their home in a small Japanese village as a tsunami approaches.  Inspired by true events.

Grades K-3

***National Geographic Kids Everything Weather: Facts, Photos, and Fun that Will Blow You Away*** by Kathy Furgang

Packed with weather-related information ranging from weather extremes such as heat and storms, to weather prediction and preparedness.

Grades 3-6

***Surviving a Fire*** by Heather Adamson

Learn what to do when faced with a disaster. (From the Be Prepared series)

Grades 2-4

***Tornadoes: Be Aware and Prepare*** by Martha Rustad

Describes what each disaster is and what to do in case you are caught in one.  (From A Plus Books: Weather Aware series)

Grades K-2

***Twisters and Other Terrible Storms: a Nonfiction Companion to Twister on Tuesday*** by Will Osborne and Mary Pope Osborne.

Describes how meteorologists predict and study storms.

Grades 1-4

***Compiled by ALSC Quicklists committee***

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***7 June 2015***